Collateral Effect of Covid-19 on Stroke Evaluation in the United States

TO THE EDITOR: The effect of the Covid-19 pandemic on medical care for conditions other than Covid-19 has been difficult to quantify. Any decrease in care for patients with acute conditions such as ischemic stroke may be consequential because timely treatment may decrease the incidence of disability.

We used the numbers of patients in a commercial neuroimaging database associated with the RAPID software platform (iSchemaView) as a surrogate for the quantity of care that hospitals provided to patients with acute ischemic stroke. This software system is typically used to select patients who may benefit from endovascular thrombectomy by identifying occlusions of major brain arteries or regions of the brain with potentially reversible ischemia that have not become infarcted. Imaging data with demographic information are uploaded in real time to a data repository. The vendor of RAPID was not involved in the analysis or interpretation of the data or the writing of this letter. The first author serves on the medical advisory board of the vendor, and the last author is a consultant to the vendor. No confidentiality agreements related to this analysis are in place between the authors and this company.

We had access to data on 231,753 patients who underwent imaging processed with RAPID software in 856 hospitals in the United States from July 1, 2019 through April 27, 2020. The daily counts of unique patients who underwent imaging decreased in March 2020 (Fig. 1). We therefore chose to compare the mean daily counts per hospital of patients in the RAPID system in an ostensibly pre-pandemic 29-day epoch from February 1, 2020, through February 29, 2020, with the mean daily counts per hospital of patients in a 14-day epoch during the early pandemic, from March 26, 2020, through April 8, 2020. During the pre-pandemic epoch, the numbers of patients per hospital who underwent imaging were similar to the baseline numbers immediately before the pre-pandemic epoch. The nadir of the daily counts after the first case of Covid-19 was reported in the United States occurred during the 14-day epoch. The number of patients who underwent imaging decreased by 39%, from 1.18 patients per day per hospital in the pre-pandemic epoch to 0.72 patients per day per hospital in the early-pandemic epoch (see Figs. S1 and S2 in the Supplementary Appendix, available with the full text of this letter at NEJM.org). An apparent increase in the number of patients who underwent imaging after the early-pandemic epoch warrants further investigation.

The decrease in the use of stroke imaging from the pre-pandemic epoch to the early-pandemic epoch was seen across all age, sex, and stroke severity subgroups (Table S1); this suggests a decrease in the number of evaluations both in patients with severe strokes and in nonelderly patients who may have been at low risk for Covid-19 complications. Decreases in the numbers of patients who underwent stroke imaging were seen in most states and across a range of hospital volumes (Fig. S3 and Table S2). These decreases suggest that differences in regional incidences of Covid-19 were not the primary cause of decreased use of stroke imaging.

Our analysis has limitations. We used a surrogate for the amount of care provided, and the database, which pertains predominantly to patients who were under consideration for endovascular thrombectomy at designated stroke centers, may not reflect the care provided at other hospitals. We found that the collateral effect of Covid-19 was a decrease of approximately 39% in the num-
bers of patients who received evaluations for acute stroke between two recent epochs in U.S. hospitals.

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Figure 1. Daily Counts of Unique Patients Who Underwent Neuroimaging for Stroke in the United States, July 2019 through April 2020.

All the neuroimaging tests were processed with RAPID software. Each dot represents a daily count of patients. Shaded regions correspond to the prepandemic (blue) and early-pandemic (yellow) epochs. The increase in the number of patients who underwent imaging from July 2019 to March 2020 reflects an increase in the number of hospitals that were using RAPID software.